



Working with children with digestive, nutritional and liver disorders

British Society for Paediatric Gastroenterology, Hepatology and Nutrition

2023 | Annual Report

Registered as a Charity: Registration Number 299294

www.bspghan.org.uk

President's Report

Dr Keith Lindley

Dear colleagues, dear friends

I am just completing my first year as President in the first proper “post pandemic” year for a President. I am grateful to Sue, our past president, for leaving the Society in such a strong position politically, financially, educationally and of course socially. Sue endured quite a challenging time as President as much of her tenure coincided with the pandemic but I think, and I am sure you will all agree, she brought the Society out of the pandemic having grown in stature on many fronts especially educationally and politically. In particular she was at the helm of the Quality Standards initiative, aided, abetted and driven by John Fell, which has certainly set a precedent in Paediatrics and which help iron out any inequalities in health care provision for Paediatric Gastroenterology nationally in due course.



As an incoming President there have been many challenges, not least because Carla, the Society's administrator for 16 years or so, stepped down at the same time as Sue leaving the potential for an absolute loss of direction. In this respect I am so grateful for the support of Lucy and Mansoor, our outgoing Convenor and Treasurer, for being a continued source of support, wisdom, enthusiasm and encouragement. They will both be missed as true advocates of what is in the best interest of the Society and for being the face of innovation, integrity and of course honesty. Lucy and Mansoor I, and of course the Society, will miss you greatly. On behalf of the membership I would like to give you both our most sincere thanks for your efforts, toil and above all commitment to the needs of the Society and the membership.

I have sent you all two newsletters during the course of the last year so forgive me if some of this feels like repetition. Kwang Yang stepped down as webmaster last year and James Fletcher has taken on some of his responsibilities although as a non-medic James needs some help with to content of the website. Currently the position of non-technical webmaster is unfilled but I hope that after the AGM we will have a Council member in post to assist James with the website content.

As you will all know the Society logo has changed and the website is slowly being updated with updated guidelines and a monthly journal scan. Chris, our Trainee rep, is in the process of producing an online course which is aimed at encouraging trainees to embark on a career in Paediatric Gastroenterology which will be accessible in the public domain of the Society's website. There are a number of other initiatives coming in the near future so please watch this space!

Council had a strategy day in January which, in a break with tradition, happened 18 months earlier than is the norm. This was largely to set a new agenda for Council now that the “Standards” work has finished. The new strategy will be published on our website by the end

of March. The text is already finalised but a little work is required for the web presentation. I am delighted to see it is so broad reaching and how inclusive it is. I hope you will read it and feedback to Council if you have any reflections once it is published.

A number of members of Council are stepping down after the AGM. Lucy and Mansoor I have already alluded to. Our dynamic duo of AHP reps Jo and Lindsay are also stepping down as are Tassos as Hepatology Chair and Mark as CSAC Chair. David has already stepped down as Trainee rep. Lastly Sarah Sleet is stepping down as PPP representative. I would like to thank you all for your hard work on behalf of the Society and for your enormous contributions to the Society.

As with every President's report, I have to thank Peter Hill for his expertise on overseeing the Society's financial affairs. His knowledge, clarity and expertise are always appreciated.

Lastly, I need to thank Jennie from Sovereign for being either brave enough or stupid enough to step into Carla's shoes to provide the Society with administrative support. I have to say, challenging though it has been, Jennie has been like a breath of fresh air with a change in perspective and absolute professionalism. Jennie has huge experience of the administration of medical Societies and has been hugely accommodating to our needs both as a Society and as local organisers of the 2023 winter meeting. It has been a very steep learning curve for all of us but I believe we are in a stronger position at the start of 2023 than we were in 2022.

On this occasion, on a break with tradition, I have decided to let the individual WG Chairs blow their own trumpets rather than providing a commentary on their achievements. Suffice it to say, I am grateful to each and every one of them for their commitment to the Society and for their unrelenting enthusiasm to getting things done. I think we have had an immensely productive 12 months and I am looking forwards to working with you all over the next year in the many initiatives within our upcoming strategy document. What you have collectively achieved is outstanding (and I know there is more to come!).

In a break with tradition, but in keeping with the Constitution, the AGM this year is being held a little later than normal at the annual meeting on March 9th. The meeting was moved to March to avoid a potential threat of COVID putting excessive pressure on the NHS. I am delighted to see this hasn't happened this year, but equally Windsor is more pleasant in March than January! I look forward to meeting with many of you at the meeting.

Best wishes

A handwritten signature in blue ink, appearing to read 'Keith', with a long horizontal flourish extending to the right.

Dr Keith Lindley

President@bspghan.org.uk

Convenor's Report

Dr Lucy Howarth

It has been an extremely productive year for BSPGHAN with the successful handover to Sovereign and the wonderful Jennie at the helm of the BSPGHAN admin ship. The new website has been launched and is excellent. The energy and productivity from all working groups is outstanding. We have a fantastic new logo thanks to vision and teamwork from Ed Gaynor, Keith and all involved in pushing it over the line. We have achieved an awful lot without fuss or expense and the end result is our amazing Society of which we should all be very proud. Keith Lindley's succinct but comprehensive report of our strategy day discussions (on the website) and our shared goals of continued improvement in the educational and research output of the society whilst keeping a strong focus on sustainability and improved diversity and equality hopefully appeal to all of our members.



A personal highlight is the amazing collaborative between JAG, e-learning for health and Health education England that has been expertly led by endoscopy working group chair, Nadeem Afzal resulting in a most excellent, all singing and dancing, bespoke paediatric e-learning course for endoscopy due to go live very soon and will be available for all students and trainees as a fantastic resource.

There has been a successful trainees and taster day organised and run in Liverpool and I was extremely impressed by the excellent candidates we have had applying for national grid gastro training. The future is bright and a record number of the posts have been successfully matched. I am signing off as Convenor and taking on the role of co-chair of CSAC with Nkem Onyeador so will happily stay involved at the heart of the Society. There has only been one applicant to take on the role as Convenor and so ask members to ratify my esteemed colleague Astor Rodrigues to take on the Convenor role.

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The gastro session at the RCPCH spring meeting is in Glasgow, Wednesday 24th May, 2.30pm - 5.30pm. We are sharing our slot with the Association of Palliative Medicine and the theme will be nutritional support for children and young people during end of life care. We have had some excellent abstracts submitted and have invited a reflective paediatric surgeon and excellent dietitian to give invited talks on end of life G-J tubes and blended diet respectably. I am hoping the questions and discussion around this topic will be excellent and looking forward to hearing the talk from an invited parent also. Please do try and come.

I have really enjoyed being on the Council, Exec and working closely with Sue Protheroe, Mansoor Ahmed and Keith Lindley. It has been such a pleasure working with everyone on Council on behalf of our awesome Society. Thank you to everyone on Council, all the working groups, and all members old and new. Lastly a big thank you to the conference organising committee at GOSH who have done a fantastic job putting together such a fantastic academic and social program.

Dr Lucy Howarth

convenor@bspghan.org.uk

Treasurer's Report

Dr Mansoor Ahmed

I would like to extend my appreciation to BSPGHAN President Dr Keith Lindley and Convenor Dr Lucy Howarth for their guidance and support for the last 12 months. I am also grateful to BSPGHAN Council members for their input and suggestions throughout my time as BSPGHAN Treasurer during the last 3 years. Special thanks to Jennie Mort (Sovereign) and her team for an amazing administrative assistance and Mrs Carla Lloyd for extending her support in order to ensure smooth transition of administrative responsibilities during 2022. I am indebted to Mr Peter Hill for providing sound, professional and independent advice in addition to supporting me in preparing the annual statement of accounts for the last 3 years.



Current Bank Balance

To secure BSPGHAN's funds and to generate additional income to cover some of its running costs, we have opened additional savings accounts in Nationwide Building Society as well as Lloyds bank. As of 1st March 2023, balance of these accounts totalling £454,617.93 is as follows:

- £251,838.10 (Lloyds current account)
- £100,589.83 (Lloyds savings account)
- £102,190.00 (Nationwide savings account)

Statement of accounts for 2021-2022

Approved by the Council on 6th October 2022, these have been filed with the Charity Commission together with its Charity Annual Return. The accounts will be presented to members at the March 2023 AGM and copies can be obtained from the Charity Commission website <https://www.gov.uk/government/organisations/charity-commission> using the Society's charity number 299294.

Summary of last 4 years account balance is outlined below.

	2018-19	2019-20	2020-21	2021-22
Income	230,744	196,011	33,914	80,764
Expenditure	228,281	193,079	30,740	68,317
Net Income	2,463	2,932	3,174	12,447
Total Funds	297,446	300,378	303,552	315,999

BSPGHAN Administrator

Ms Jennie Mort (Sovereign Conference, Exhibitions & Travel Incentives Ltd) joined BSPGHAN as administrator from 1st Feb 2022 during the transition period of 3 months alongside Mrs Carla Lloyd @ £1500/month. From 1st May 2022, Sovereign took over complete administrative responsibilities @ £2184/month (£26208/year). This excludes additional administrative charges such as organisation of BSPGHAN meetings (including annual meeting) and travel

expenses. The Society is indebted to Carla's tireless professional dedication over the years and her guidance from time to time even after May 2022.

Frontline Gastroenterology

Free online access to Frontline Gastroenterology for all the BSPGHAN members remains in existence. This incurs additional expenditure of £20 per member per annum. Overall, this amount was £20 x 478 = £9560 per annum in 2022. Additional expenses (£1725) were incurred in connection with abstract publication during BSPGHAN Birmingham annual meeting 2022.

BSPGHAN annual membership fee

BSPGHAN annual membership fee had not increased since 1 April 2013. Taking into consideration inflation costs during the last 10 years, reduced income because of COVID-19/free virtual annual meeting 2021 without any sponsors, additional expenses to enable free online access to Frontline Gastroenterology and revised code of conduct with loss of sponsorship, BSPGHAN Council (6th Oct 2022) approved 25% increase in the annual membership fee from April 2023.

The annual membership fee schedule from 1st April 2023 will be as follows:

- a. Full members £125
- b. Associate members £25
- c. Overseas members £41
- d. Honorary members £00
- e. Student members £00

Direct Debit set up arrangements continue to be in existence in conjunction with L&Z which eases some pressures off the BSPGHAN admin team.

Current BSPGHAN membership numbers totalling 512 include:

- i. Full members 341
- ii. Associate members 142
- iii. Overseas members 17
- iv. Honorary members 12
- v. Student members 0

Research Spending

BSPGHAN Research Price (2021-22 onwards): £500 to be awarded on a yearly basis during BSPGHAN annual meeting.

2021-2022 (£34,000)

- BSPGHAN/BSG: = £9,000 towards £18,000 project on JLA PSP for Digital Health Technology for Adolescents with IBD
- BSPGHAN/GUTS UK Grant: £20,000 towards £40,000 project on translational or proof of concept research.
- BSPGHAN/GUTS UK small Grant: £5,000 towards £10,000 project on pancreatitis/pancreatic diseases.

2023-2024 (£50,000)

- BSPGHAN BIG Award 1 x £10,000
- BSPGHAN/GUTS UK Grants x 2: BSPGHAN contribution of £40,000 towards a total of £80,000 for two projects, jointly with GUTS UK

BSPGHAN annual meeting 25th-27th April 2022 (Birmingham)

First face to face BSPGHAN annual meeting since Covid-19 on 25th-27th April 2022 at Birmingham was a great success. Full details of income and expenditure will be shared in the annual statement of accounts for 2022-23. The meeting made a financial gain for the Society as follows.

Surplus: £49,085.81

Host share (25%): £12,271.50

Sponsorship Deals

Following Pharmaceuticals have kindly agreed two/three years sponsorship deals with BSPGHAN.

Ferring Pharmaceuticals Ltd £10,000/year (+VAT) Gold Sponsorship for 3 years (Sep 2021-Aug 2024).

Dr Falk Pharma UK Ltd £6,000/year (+VAT) Silver Sponsorship for 2 years (Sep 2021-Aug 2023). We are hoping to extend this for another 3 years.

Albireo 10,000/year Gold Sponsorship (no VAT) for 3 years (June 2022-May 2025). Full payment for 3 years has already been paid to BSPGHAN.

Supporting national educational meetings that are arranged for BSPGHAN members

BSPGHAN continues to pledge £5,000 pa (max of £2,000 per meeting) to support national educational meetings as per approved SOP. Annual Trainees Taster Day (ATM) at the Holiday Inn Liverpool City Centre in October 2022 was supported by BSPGHAN. Final income/expenditure details will be shared in the annual statement of accounts for 2022-23.

One Drive: BSPGHAN has access to "One Drive" for safe storage of all its past, present and future data.

VAT Registration

With support and guidance from Mr Peter Hill (Society's accountant and Independent Examiner), BSPGHAN is now registered for VAT under the partial exemption method. This allows the majority of input VAT incurred by the Society to be recovered although this does mean that the majority of the Society's income, other than membership income, is liable to charge 20% output VAT.

Expenses claim forms

Current expense guidelines and claim forms are available on BSPGHAN website. The whole process is electronic now and BACS payments are made swiftly into the claimant's bank account.

Website

John Lister Consulting took over BSPGHAN website maintenance and updates from 1st May 2022 at cost of £30/hour. For the last 9 months (May 2022-Jan 2023), BSPGHAN has paid £1515 to John Lister Consulting which amounts to 5.6 hours/month (£168/month). Variable amount of time is spent on the website each month with extra time commitment required prior to and during the annual meeting.

It is with heavy heart that I sign off my last report as BSPGHAN Treasurer. I have had 3 wonderful years, working alongside BSPGHAN Presidents (Sue and Keith), Convenor (Lucy) and hard-working council members. I will cherish my time at the Council in the years to come. I have seen Society prospering and growing from strength to strength over the years. I am glad that the Society is financially strong and is in safe hands. I wish the Society and its membership all the best in the coming years.

Dr Mansoor Ahmed

Treasurer@bspghan.org.uk

EDUCATION WORKING GROUP

Chair: Dr Jutta Köglmeier

education@bspghan.org.uk



Members: Jutta Köglmeier (Chair), Christopher Bakewell (Trainee representative), Kirn Sandhu (Trainee secretary), Tania Badhurie and Sian Copley (Education representatives), Kushila Rupasinghe (CSAC trainee representative), Marco Gasparetto (Research representative), Rachel Wood (AHP representative), Hina Rizvi (ESPGHAN representative), James Fletcher and Kwan Yang Lee (Webmasters), Attah Ocholi, Lee Huey Miin, Huda Attah (Committee members).

2022 Key objectives

- Organisation of BSPGHAN zoom education series
- Modernisation of BSPGHAN website
 - New format
 - New logo
 - Links to guidelines and position papers
- Organisation of trainee meeting
- Organisation of 2023 BSPGHAN annual meeting

2022 Key outputs

- Successful organisation of BSPGHAN zoom education series
 - Zoom education sessions organised by education representatives
 - Working groups have been allocated sessions
 - Participation of international speakers
- New format of website
 - New logo
 - New style and format
 - Links to some evidence based clinical practice guidelines and position papers (guidance with limited scientific evidence) established
- Trainee meeting held 13/14 October 2022 in Liverpool
 - Programme well received
 - Endoscopy masterclass included
- BSPGHAN 2023 organised to take place in Windsor March 8 -10
 - Venue: De Vere Beaumont Estate Windsor
 - Programme and abstract booklet published on website
 - First time blinded scoring of abstracts
 - 2 new awards:
 - Peter Sullivan for best nutrition oral communication
 - Hazel Rollins for best AHP oral communication

2023 objectives

- **Ongoing successful and smooth running of BSPGHAN education series**
 - Most session slots filled
 - 2 x international speakers have agreed to give presentation
 - Zoom licence secured until the end of 2023: Decision if to continue with zoom or switch to teams
- **Ongoing expansion of website**
 - Addition of more practice guidelines, position papers and other relevant material to UK
- **Organisation of trainee meeting**
 - Dates and venue tbc
 - Programme development
- **BSPGHAN 2024 Bristol**
 - Support of local organising team with development of programme
 - Abstract scoring: needs improved system

Other comments

- **3 x working group meeting planned**
 - F2F at BSPGHAN
 - 2 virtual or F2F
 - Education chair to link in with other working groups for support, where needed.

HEPATOLOGY & PANCREATITIS WORKING GROUP

Chair: Tassos Grammatikopoulos

Hepatology@bspghan.org.uk



LIVER STEERING GROUP

Members: All Paed. Hepatology, Paediatric Hepatobiliary and LT surgeons. **Tassos Grammatikopoulos** (Chair) - handing over to **Sanjay Rajwal**

2022 Key objectives

- Joint LT assessment work up (LAG)
- PAEDIATRIC LIVER PATHWAY GROUP (NHSBT-LAG)
- Ac. Severe hepatitis

2022 Key outputs

- **Joint LT assessment work up (LAG)**

This process has been completed in the form of an SOP and there are further steps that required by NHSE for its implementation. This is a process to be utilised if and only LT service is compromised in any of three 3 paediatric LT centres.

- **PAEDIATRIC LIVER PATHWAY GROUP (NHSBT-LAG)**

This working group will be completing its work next month and recommendations on improvement on the various stages from donor recognition to organ transplantation are expected.

- **Ac. Severe hepatitis**

The epidemic seems to have almost resolved and we are back into routine incidence numbers.

- **Ad hoc clinical meetings between the 3 liver centres for challenging clinical cases**

These meetings have been agreed and are taking place on a regular basis as per clinical need.

2023 objectives

- **ABO incompatible organ LT**

Further discussions and data collection and analysis are undertaken.

- **Liver Transplant National Waiting List Development (LAG)**

There is a work done via NHSE for such an initiative that may be implemented on to paed. liver centres.

- **Tricentre CQUIN audit (June 2023)**

- **Update of Liver Tx on the NHSBT**

The LSG is in discussions with NHSBT re updating their website to become more parent/child orientated (LSG in discussions with NHSBT).

Other comments

- Currently, there are 3 liver GRID trainees (BCH & KCH).
- Recruitment and retention remain a concern for paed. hepatology.
- Next LSG business meeting during the BSPGHAN annual meeting, 2023.

Pancreatitis Working Group

Members: **Tassos Grammatikopoulos** (Hepatology-Chair), **Paul Henderson** (Regional Paediatric Gastroenterology), **Mark Davenport** (Paediatric Hepatobiliary Surgery), **Ieuan Davies** (Regional Paediatric Gastroenterology), **Gillian Geaney** (Dietitian-Nutrition), **Julie Harrington** (GUTS UK).

2022 Key objectives

- Mapping of the existing local/regional referral pathways and clinical networks.
- Lectures and meetings/BSPGHAN pancreas session during annual meeting.
- A Priority Setting Partnership (PSP).
- National management guidelines.
- Research & grants.

2022 Key outputs

- An online questionnaire was sent already to **BSPGHAN** members- response was limited and results will be disseminated to WG members.
- RCPCH- talk on pancreatitis during the 2022 spring annual meeting was delivered
- PSP in acute, recurrent, and chronic pancreatitis in adults and children in line with James Lind Alliance (JLA) principles was set up and TG participated as paed. representative. The PSP has completed its work and the top research points will be presented in the BSPGHAN annual meeting.
- The group is in process of writing up a step-by-step investigation & management protocol on nutrition/endoscopy/pain/surgery for children with pancreatitis.
- The group's management protocol will be available on the BSPGHAN website selected work could be submitted to medical journals.
- Application for a small grant from GUTS UK for primary research/work on the QoL in children with chronic/AR pancreatitis has been successful.

2023 objectives

- Complete GUTS UK project.
- Complete the BSPGHAN consensus guidelines.
- Contribute to BSPGHAN lecture schedule.

RESEARCH COMMITTEE

Chair: Dr Marco Gasparetto

Research@bspghan.org.uk



Members: Marco Gasparetto (paediatric gastroenterologist, Norwich), Dr David Campbell (paediatric gastroenterologist, Newcastle), Prof Morris Gordon (paediatrician with an interest in paediatric gastroenterology, professor of evidence medicine, UCLan, Preston), Dr Vasiliki Sinopoulou (researcher, dietitian, UCLan, Preston), Ms Joanne Brind (CNS, Great Ormond Street Hospital, London), Dr Rohit Gowda (paediatrician with an interest in paediatric gastroenterology, Maidstone), Dr Farah Barakat (BSPGHAN trainee rep).

2022 Key objectives

- Follow-up of the **joint Guts UK-BSPGHAN Research grants** awarded in 2021.
- Progress with the **JLA Priority Setting Partnership on Digital Health Technology for Adolescents with IBD**.
- Launch of **BSPGHAN Systematic Review Fellowship** at UCLan.
- Establishing the **BSPGHAN Research Prize**.
- Regular contribution to the **virtual teaching programme**.

2022 Key outputs

- The **joint Guts UK-BSPGHAN Research grants** awarded in 2021 have been followed up and updates will be presented on the 2023 BSPGHAN Meeting in Windsor.
- The **JLA Priority Setting Partnership on Digital Health Technology for Adolescent with IBD** has progressed as planned and is currently entering its final phase.
- The **BSPGHAN Systematic Review Fellowship** at UCLan has been launched despite logistical difficulties – updates will be shared by the awarded trainee on the 2023 BSPGHAN Meeting in Windsor.
- The **BSPGHAN Research Prize** has been / will be awarded in 2022 and in 2023.
- **Three monthly research focused teaching sessions** have been allocated as part of the BSPGHAN virtual teaching programme.

2023 objectives

- To work towards a **BSPGHAN sub-committee** (members from the Education Committee, the Research Committee and the relevant Working Group leaders) **to assess international guidelines** and evaluate how the statements apply to the clinical and research practice in the UK.
- To launch **2 x joint Guts UK-BSPGHAN Research grants**.
- To launch **1 x BSPGHAN BIG award**.
- To continue to support the **BSPGHAN virtual teaching programme** by extending the research sessions to **international speakers**.
- To consider a **science-based BSPGHAN symposium** as an opportunity for outstanding researchers across the UK to share research findings and plans.

Trainee Committee

Chair: Dr Chris Bakewell

trainee@bspghan.org.uk

Members: Dr Chris Bakewell (Chair), Dr Kirn Sandhu (Secretary) – outgoing, Dr Kush Rapasinghe (CSAC rep) – outgoing, Dr Sam Smith (Endoscopy) – outgoing, Dr Sian Copley and Tania Badhuri (Education), Dr Jemma Cleminson (BAPEN), Dr James Ashton (IBD), Dr James Church (Nutrition), Dr Farah Barakat (Research) – outgoing, Dr Abubakar Sharif (Hepatology), Dr Joe Chan (EoE) - outgoing, Dr Arati Rao (BSG).



2022 Key outputs

- This year's Trainees Meeting was hosted in Liverpool in October by the team at Alder Hey. A huge thank you to all those involved with organising and hosting the event which brought together grid trainees and prospective non-PGHAN trainees for an excellent two-day event. A particular highlight was the chance to practice endoscopy in the very smart virtual endoscopy suite at John Moores University. The Trainees Meeting is a tradition which must continue, not just for its educational purposes but to provide a rare opportunity for trainees in different centres and regions to meet face to face.
- 2022 also saw the continuation of the BSPGHAN Web Education series with a wide range of speakers and topics. There continues to be excellent attendance at these talks with a varied audience both within the UK and further afield. Running of the video series was supported by Kwang Yang in his role as Webmaster however over the course of 2022 there was a gradual transition to the education team, in particular Sian Copley, Tania Badhuri and Jutta Koeglmeier. We congratulate all the team who supported and delivered these sessions in 2022. This includes the trainees who have volunteered to host sessions. It is something to be hugely proud of as a society and a legacy which was borne out of necessity in COVID but has provided wonderful educational opportunities to trainees. Delivering this video series is not without its challenges and we encourage all trainees to help with hosting talks in 2023. This is very straightforward and a wonderful opportunity to meet the speakers, practice your hosting skills and support the education team.
- In January 2023, the trainee committee once again hosted a practice interview session for prospective grid applicants in what is becoming an annual event. It was advertised within the BSPGHAN trainee WhatsApp group and on the BSPGHAN website to ensure fair access and nearly all the applicants who received PGHAN interviews attended. The quality of the field this year was impressive and the feedback from the candidates was universally excellent.

2023 Objectives

- There is work to be done to improve communication with trainees and, as a committee we must not shy away from this. Trainees can feel isolated in their centres and having the ability to voice concerns is important to ensure equal training opportunities. In conjunction with our CSAC, we must ensure that trainees have a clear pathway to raise concerns early so that they can be addressed appropriately. Continuing to provide

opportunities to meet at the BSPGHAN annual conference and the Trainees Meeting is an important part of this however, with so much technology at our fingertips we are keen to explore ways to increase communication. We have recently started an initiative to give regular updates on the activity of the BSPGHAN council and the trainee committee via email. This will not only provide trainees with direct and filtered information throughout the year but also act as a two-way channel, giving trainees the opportunity to contact the committee. In the coming weeks we will review our contact details for trainees to ensure that we hold an up-to-date email address for all grid trainees.

- Trainees will have noticed that the BSPGHAN website has gone through some changes since the end of 2022 including a smart new BSPGHAN logo. As part of this initiative there will be ample opportunities for trainees to be involved with content development for the website and I would like to explore the possibility of a trainee 'webmaster' starting in 2023 who would join the trainees committee. This role could also be expanded to social media content. If any trainees are interested in this opportunity, please contact the committee by emailing trainee@bspghan.org.uk.
- A highlight of this year will no doubt be the Trainees Meeting which is due to be hosted in the autumn (likely October/November) by the team in Southampton. We will retain the format of a two-day event and open this to prospective SPIN and grid applicants as well as all current grid trainees. Exact dates are not yet available however will be sent out as soon as possible to ensure trainees can book study leave well in advance. We would like to see good attendance from trainees this year to match the excellent turn-out of our SPIN colleagues in 2022.
- Finally, continued trainee representation on working groups and committees is vital to ensure that the needs of PGHAN trainees are prioritised and to help train the next generation of consultants in diverse clinical areas. With many positions on working groups and the trainee committee becoming vacant this year, we strongly encourage existing trainees and those joining in September to volunteer to step up to these roles. While trainee representation on working groups is written into the BSPGHAN terms of reference, trainees in these positions must aim to attend the majority of meetings and contribute actively to projects, research and guideline development. Otherwise, we risk losing these positions.

Message from the incoming committee chair (Chris Bakewell):

- I took over as Chair of the Trainee Committee in November 2022. I would like to thank my predecessor, David Wands, for his hard work and dedication as the chair of the trainee committee. David took over as Trainee Chair at a difficult time for trainees and has chaired the committee both during and after the pandemic. I wish him all the best in his new consultant post.
- I would also like to say a big thank you to all members of the trainee committee in 2022-23 and especially those who have left or will be leaving their positions this year. I hope that you have found the experience worthwhile and will support the new trainees stepping into your roles. To those who will join the committee in 2023, I look forward to working with you and hope that we can do great things for PGHAN training in the UK.

GASTROENTEROLOGY WORKING GROUP

Chair: Kornilia Nikaki

gastroenterology@bspghan.org.uk



MOTILITY WORKING GROUP

Chair: Eleni Athanasakos

Members: Eleni Athanasakos (Director and Lead Paediatric Clinical Scientist, Keith Lindley (Consultant Paediatric Gastroenterologist, Emma Jones (Clinical Scientist), Eleni Volonaki (Consultant Paediatric Gastroenterologist), Stewart Cleeve (Consultant Paediatric Surgeon), Nikhil Thapar (Consultant Paediatric Gastroenterologist), Anna Rybak (Consultant Paediatric Gastroenterologist), Michalis Papadopoulos (Consultant Paediatric Gastroenterologist), Daniel Crespi (Consultant Paediatric Gastroenterologist), Osvaldo Borrelli (Consultant Paediatric Gastroenterologist), Mohamed Mutalib (Consultant Paediatric Gastroenterologist), Arindam DAS (Consultant Paediatrician), Rachael McGhee (Paediatric Clinical Physiologist), Carly Bingham (Paediatric Clinical Physiologist).

Honorary member: Kornilia Nikaki (Consultant Paediatric Gastroenterologist).

2022 Key objectives

- To create a consensus for colonic transit studies within paediatrics. Specific focus on indications, protocol and clinical implications.
- Discuss future projects of interest: some included adding to NICE guidelines with focus on faecal incontinence.

2022 Key outputs

- Colonic transit study consensus - voting and discussions were completed after several sessions as a group.

2023 objectives

- Final draft is being discussed and ready to submit for publication at: Neurogastroenterology and Motility.

Other comments

My chair position started during the pandemic. This has limited the time the group has spent together and create projects early on. However, we have been catching up since 2022.

COELIAC WORKING GROUP

Chair: Peter Gillett

Dear BSPGHAN colleagues

It is my pleasure to give you an update full activity within the working group. Essentially post pandemic the working group has not formally met in the last year. Please try to get to the bottom of this without nodding off.....

The group is a wide-ranging e-mail based group with GI, GI with interest and dietitians and psychologists which I think needs to be further formalised into the BSPGHAN WG template.

The lack of activity is really down to me. Prior to the pandemic we joined forces with coeliac UK in trying to make the ESPGHAN 2020 guidance into a coherent UK version but having embarked on this I then decided as chair to await the further ESPGHAN management guidance which is now clearly published and on the BSPGHAN website. Retrospectively it may have been a better idea to go ahead with the original overview but to be honest we were all then embroiled in pandemic related issues.

I think there is still mileage in doing an overview but also feel that there are so many variations within the UK on the new biopsy guidance and still many questions that come from colleagues re this , the role of EMA, divergence from the formal guidelines and the role of DQ testing that it may be better suited to a set off clinically based questions / Q and A options for management.

By this I mean what strategies might be used as alternatives to the formal ESPGHAN TGA then EMA serology strategy. It is clear that many areas in the UK do not have easy access to EMA (nor do most countries in Europe) and it begs the questions as to where and when the strategy fits and what we might be able to safely do with the 10X ULN strategy i.e. can the bar go lower?

There are some important and practical research topics that are easily do-able within BSPGHAN but again doing a multicentre project is fraught with difficulties and initial enthusiasm but then fatigue.

For example, the prospective incidence project that we tried to do within Scotland faltered due to the pandemic. We are trying to reboot this within Scotland but doing a project like this within the UK requires too much work for individual clinicians and AHPs who have been incredibly busy with their daytime jobs and with no research money forthcoming to do so. Collaboration with CUK as part of their strategy might have some traction of course.

We have, between us, contributed to the Zoom teaching, and two brilliant psychologists who are embedded in their respective GI teams will be doing coeliac teaching in March. Look out for that!

From my perspective as a member of the ESPGHAN coeliac interest group (SiG) I would strongly encourage members of ESPGHAN within BSPGHAN to join forces with the European

group as it has momentum and is very much willing to widen out projects to interested groups within the UK. I just do not see it possible at present to do multicentre work as part of the working group although I'm more than happy to be proven wrong. The proposal to link in with ESPGHAN working groups have been highlighted by others in other working groups.

On a positive note, over the last year or two we have worked with coeliac UK to provide information for families on common questions that related to COVID, splenic function and pneumococcal vaccination. As chair of the working group, I have contacted the JCVI recently to specifically address / clarify pneumococcal vaccination in children and those individuals graduating into the adult service who have already received vaccination in the first year of life. I await a response.

From a personal point of view, I have concentrated on the work that I have done with the ESPGHAN group and CUK, perhaps to the detriment of my role in BSPGHAN.

With the work that we have done with coeliac UK, since the last meeting in Birmingham we have seen a campaign of diagnosis in children in collaboration with members of the working group successfully launched in 2022 and with another CUK research questionnaire-based project one of which has been performed through the BSPGHAN SPIN group with good responses from colleagues.

In my role as chair but also as HAC member I have attended the UK parliament to help launch the diagnosis campaign from CUK of 50% by 2030. I am due to meet with members of the Scottish Parliament along with CUK team members to discuss diagnosis and management of paediatric and adult patients within Scotland which will be attended by the relevant Scottish minister add other interested MSPs to also help reboot the cross party working groups within both parliaments. I know that much work has been done within Wales in no small part to the enthusiasm of Ieuan Davies.

Also on the agenda is CUK (with BSPGHAN HAC members) engagement with RCPCH to discuss and have a view on the social inequalities and health impact on children and families due to the financial (and adherence aspects) impact of the current economics, a real time issue that has been worsened post pandemic. This is in evolution.

I have, as you know, given notice that I wish to stand down as the chair of the group and welcome new blood into the group and would be more than happy to provide ongoing support as part of a membership or mentoring but it is time for someone perhaps with a more scientific interest or practical interest in moving this group forward and making it a tighter group of individuals with a better work plan each year than I have been able to achieve. The chair of the working group will I am sure the asked to join the CUK health Advisory Council. This currently includes myself and Ian Sanderson and Ieuan Davies. Members of the working group have indeed published over the last couple of years including reviews for nursing and paediatric journals, including a UK wide review of practice with regards to no biopsy, and publications in ADC and Frontline Gastroenterology. Siba Paul and I have been involved with adult GI services in our respective areas to help push the no biopsy agenda and we feel successfully so. An example is the adoption of the strategy across all adult GI centres in

Scotland and with ongoing work with them looking prospectively at diagnostic rates and outcomes.

Finally I wish the 2023 meeting all success and it has been my pleasure to work with a large number of committed individuals within the working group. I hope that someone with some fresh ideas and less inertia is able to take on the role and move the group forward.

Respectfully submitted
Peter Gillett Chair of Coeliac WG

EOE WORKING GROUP

Chair: Marcus Auth

Members: Marcus Auth, Joseph Chan, Jenny Epstein, Diana Flynn, Mark Furman, Lucy Jackman, Kerryn Moolenschot, Ed Gaynor (from December 2021), Raj Parmar (from December 2021, Hema Kannappan. **Outgoing members:** Nadeem Afzal, Vinod Kolimarala. **.PPI representatives:** Amanda Cordell, Julie Thompson. **Allergy representative:** Leanne Goh **BSPGHAN Gastroenterology Chair:** Kornilia Nikaki.

On invitation: specialists from allergy, immunology, PeGHAN, psychology, histopathology, adult, as required

Meetings held 25.4.22 (F2F), 28.6.22, next meeting 29.11.22, 24.1.23 (F2F)

In 2021/22 the WG held 4 meetings with one scheduled. The major accomplishment was the publication of the first national guidelines for paediatric EoE, jointly produced by BSPGHAN with BSG, and published in Gut in the May issue of 2022 with open access. A short summary with practical advice was subsequently published in the June issue of Frontline Gastroenterology.

Thanks and invited professionals:

The chair and WG are grateful to the secretaries JC and RP for keeping accurate minutes from the meetings and to AC for providing a wide range of logistic, professional and administrative support throughout the year. The group is indebted to A Dhar, MA, JE, AC for completing and publishing in Gut with open access the first joined adult and pediatric EoE Clinical Guidelines on EoE, and to L Goh, EG and JE for the synergistic clinical GAP network / discussion forum for clinical presentations with EoE and EGID, with which the EoE WG interacts with mutual representation. Many thanks to MF, JC, EG for expert advice on Snomed and to M Gasparetto and M Gordon for evidence based research support. Presentations from JC (training survey), DF and JC (steroid algorithm), KM and LJ (dietetic strategies) were well received and MA presented the summary of a publication on normal numbers of eosinophils in the upper and lower GI tract at BSPGHAN and a summary of the BSPGHAN/BSG guidelines on EoE. Many thanks to invitation and logistic support to teaching and to K Nikaki for supporting the WG activities as gastroenterology chairs.

Outcomes

The group has completed a steroid algorithm for treatment of EoE (DF and JC) which will be formally presented in an oral presentation at the winter meeting in Windsor and a manuscript is in preparation for publication. A national survey has been submitted to BSPGHAN is under analysis and preparation (C Regas, MA). The group has produced video clips for patients and professionals for the national eosinophil awareness week in May and videos for review on the Eosnetwork website (AC, MA, LJ, KM, DF). Teaching and training sessions were provided by JC, LJ, KM, RP, HK, DF, EG.

Publications

The manuscript for the first national BSG/BSPGHAN clinical guideline group was published with open access in Gut in 2022 and, for the paediatric section by MA, together with JE, AC. The manuscript for the second ESPGHAN guidelines for EoE has been written by the ESPGHAN EGID working group, in which MA is a steering group member and MF working group member (JA Dias et al).

DF, JC and MA have prepared a manuscript with an algorithm for use of topical steroids in EoE which is aimed to be published with open access in a leading journal.

MA is also an active working group member for the ESPGHAN/NASPGHAN EGID clinical guidelines (with interface to EoE) (G Furuta et al, manuscript submitted to JPGN and in preparation for publication in 2023)

MA and has contributed to the EGID nomenclature manuscript (E Dellon et al, Clin Gastroent Hepatol 2022).

MA is co-author in a manuscript on current management of food impaction in adult and paediatric EoE (P Schreiner et al, Dis Oesoph 2022) and to the outcome of mono- and combination therapy in a prospective ESPGHAN registry (S Oliva et al, JPGN 2022).

Research

Paediatric patients from the UK have been recruited in Liverpool to a prospective, placebo-controlled, double-blind clinical trial to assess the efficacy of oral viscous budesonide in EoE (MA CI for the UK), these data will be presented at UEGW, AGA, ESPGHAN). MA and P Turner have submitted grant applications to evaluate biomarkers in EoE. MA has received a GutsUK / BSPGHAN grant for the study of Volatile Organic Compounds (VOCS) in EoE (BioEvocs). The study is due to start in 2023, and three further centres have agreed to participate (GOSH and Chelsea Westminster, Newcastle led by EG, JE and David Campbell).

Teaching

Has been provided in the national eosinophilic awareness week, national trainees day BSPGHAN webinars by various WG members in rotation, and recently at the ESPGHAN EGID meeting (LC), which was well attended and interactively discussed with members of the BSPGHAN WG and its affiliated specialists.

An evidence based steroid algorithm was prepared and is awaiting submission to the council/research committee.

The WG has provided and updated advice on COVID-19 regarding self isolation, school attendance and vaccination in conjunction with the society and with RCPCH.

A national training day on EoE has been organised by EG, LG, JE, LJ, KM and endorsement from the education chair JK has been obtained for the meeting in July 2023.

MA is an invited speaker at the BSG symposium for EoE in Liverpool on 6.3.23.

Snomed CT

The diagnostic codes and key words for EoE have been prepared by MF, JC and EG await finalisation with input from RCPCH awaited.

Future plans

Training: The WG intends to get EoE incorporated into the next training syllabus for RCPCH.

Clinical: The WG will formalise further collaboration and mutual benefits between BSPGHAN EoE WG and GAP network via its members, steering group and chairs.

Survey: The WG will complete the first national survey and plans to circulate a second simplified survey.

Research: The WG aims to endorse, facilitate and coordinate all kinds of research opportunities and projects with the Research Chair and other societies including registries, surveys, novel therapies, epidemiology, quality of life, transition, etc.

Invitations; The WG intends to open opportunities for contribution to the WG by regular invitations to the GAP Chair LG and establish collaboration with BSACI with a joined BSACI/BSPGHAN EoE training day in 2023 (LG, EG, JE, LC, KM, MA).

Further invitations are planned for the coming year for psychologist (HRQoL), ENT and adult gastroenterology (food impaction, transition), immunology (novel biologic therapies, comorbidities).

IBD WORKING GROUP

Chair: Jochen Krammermeier

Members: Dr Jochen Kammermeier (PGE Consultant, WG Chair), Gemma Lee (PIBD CNS), Natasha Burgess (PIBD CNS), Dr Anthi Thangarajah (PGE Consultant), Dr Huey Lee (PGE Consultant), Dr Astor Rodrigues (PGE Consultant), Dr David Devadason (PGE Consultant, WG Secretary), Dr James Ashton (PGE Trainee, Trainee Rep), Dr Kelsey Jones (PGE Consultant), Dr Marcus Auth (PGE Consultant), Dr Mashhood Ayaz (Paediatric Consultant, PeGHAN Rep).

2022 Key objectives

1. Cooperation projects:

a. James Lind Alliance Digital Technology for Adolescents and Young Persons with Inflammatory Bowel Disease Priority Setting Partnership. Project with PIBD WG representation (GL/JK), project lead: Dr Priya Narula and Dr Naila Arebi.

Output: Poster Presentation BSPGHAN 2022, ongoing project

b. International RAND Panel to evaluate the use of thromboprophylaxis in paediatric inflammatory bowel disease. Project with PIBD WG representation (FT/JK), project lead: Dr R Hansen.

Output: Franco Torrente et al. Thromboprophylaxis Use in Paediatric Inflammatory Bowel Disease: An International RAND Appropriateness Panel, *Journal of Crohn's and Colitis*, Volume 16, Issue 10, October 2022, Pages 1609–1616, <https://doi.org/10.1093/ecco-jcc/jjac073>

c. Genomic diagnosis and care co-ordination for monogenic inflammatory bowel disease in children and adults: consensus guideline on behalf of the British Society of Gastroenterology and British Society of Paediatric Gastroenterology, Hepatology and Nutrition. Project with PIBD WG representation (KJ/JK/IBD WG), project lead Prof Holm Uhlig.

Output: Kammermeier J et al. Genomic diagnosis and care co-ordination for monogenic inflammatory bowel disease in children and adults: consensus guideline on behalf of the British Society of Gastroenterology and British Society of Paediatric Gastroenterology, Hepatology and Nutrition. Lancet Gastroenterol Hepatol. 2023 Mar;8(3):271-286. doi: 10.1016/S2468-1253(22)00337-5. Epub 2023 Jan 9. PMID: 36634696.

2. PIBD WG projects:

a. Variation in access and prescription of vedolizumab and ustekinumab in paediatric inflammatory bowel disease patients: a UK-wide study. Our project aimed to understand the real-world access to, and use of, Ustekinumab and Vedolizumab in the paediatric population. Lead: MA/JA.

Output: manuscript under review ADC

b. BSPGHAN PIBD Fellow Framework: This project aims to provide a structured framework to outline PIBD training for doctors in stand-alone middle-grade posts. Lead: AT.

Output: ongoing project

c. Network of Paediatric IBD Centres: NEPIC aims to capture paediatric centres in the UK and their lead IBD clinician and CNS to provide a platform for PIBD related information exchange. The NEPIC Map will be kept in the members area of the BSPGHAN homepage. Lead: MAA/GL/NB.

Output: ongoing project – BSPGHAN webpage

d. IBDUK IBD Survey: Our group is actively involved in developing the next version of the IBDUK IBD Survey with stronger emphasis of developing/adapting questions to the paediatric IBD setting. Lead: HL/DD.

Output: ongoing project

2023 objectives

Our group will continue working on the projects outlined above with the aim of completion for 2023 (see: ongoing projects). Our PIBD Fellow Training Framework will aim to provide guidance on structured PIBD training to enhance the quality and competitiveness of stand-alone paediatric gastroenterology middle grade positions. Our group will be an integral part in defining PIBD specific IBDUK IBD survey questions to ensure that this latest survey provides valuable information on the status of PIBD units in the UK to enhance quality improvements leading to better patient care. We have set out further survey projects which we will run with the help of our newly established NEPIC platform ensuring the UK wide reach is as comprehensive and inclusive as possible.

NUTRITION WORKING GROUP

Chair: Andy Barclay

nutrition@bspghan.org.uk

Members: Andy Barclay, Chair (2022 - 2025), Nkem Onyeador (CSAC), Theo Wong (BIFA), Angela Cole (Nurse Specialist), Akshay Batra (BAPEN), Tony Wiskin (CSAC nutrition), Amy Phipps and Natalia Iglesias Canadell (Pharmacists), Tony Lander (Surgery), Jonathan Hind (Hepatology), James Church (Trainee Rep), Jutta Köglmeier (Education), Elena Cernat (Research), Rachel Wood (Dietetic). Vacancy Paediatrician with an Interest (General Paediatrician)



2022 Key outputs

- TOR of the NIFWG. There are defined roles for NIFWG but not necessarily time of tenure, there is also ambiguity over the 'corresponding' member role. I therefore proposed reviewing roles as to whether they are needed or need new rep (neonatal, RCPCH). And suggested a nomination form for 'corresponding' members (people have emailed me to say that they have dropped off list, but prior to starting there was not a list just a 'cc' last email sent. I will look to make this group as inclusive and open as possible but keeping this list to those that wish to get email and actively contribute.
- Intestinal Failure National Network Day. We held the first such day for 3 years online via zoom webinar 16/9. We had over 70 delegates. Feedback positive and strong wish to continue. We are proposing holding days face to face in Nottingham 2023, and Leeds 2024. This has previously been supported by council and I would like to approach council about funding support, admin assistance and sponsorship for these meetings.
- Discussed in the IF Network day and NIFWG. Non-compounded bags of PN. Dr Sue Protheroe is leading an NHSE task force to examine and compile evidence for the use of non-compounded bags for Home PN. This may reduce cost and help capacity issues with PN formulation, she has attracted an MDT team from BSPGHAN members and will meet. She has agreed to update and share output on this with NIFWG group, there maybe some overlap in terms of moving forward HPN registry also.
- Also highlighted at IF Network day PP/FII. We had an interactive seminar on this with some pilot quantitative data. It underlined the perception that PGHN is over represented in terms of FII risk both in terms of volume of patients and jeopardy of treatments. There was discussion and agreement that additional documentation as supplement to the updated RCPCH PP/FII guidelines would be of value to membership and wider paediatric community. There has been prior engagement with Danya Glazier and other UK wide CP and PGHN community. I am looking for Councils support to set up a SLWG to examine whether a short consensus document can be produced.
- eBANS (Paediatric IF registry). The third iteration of this registry is ready for launch, this has immediate clinical application for centres that use this, it is available as a registry for NHS England and Wales. However ethics to take cumulative data for audit/research is unclear. The original BAPEN ethics do not cover Scotland and Northern Ireland. We have agreed to pilot data entry with a 'coalition' of the willing prev invested centres to

demonstrate its clinical utility. Have clarity on research ethics to formally launch new registry for all centres at AGM. As he will have pilot data to deliver can I ask council if there is room for presentation on this by Tony Wiskin at AGM.

- IF Guidelines Jutta K continues to work tirelessly on this and a document should be ready to be sent to a peer review journal by AGM 2023
- GI Dystonia RAND, presented provisional data at BSPGHAN meeting April. I need to complete second survey and plan to be writing up paper by AGM 2023
- UK JIRM meeting. This is national forum meeting in line with adults for complex IF. It's to discuss complex patients not at point to list for transplant. It's now BSPGHAN endorsed online 3 times a year. Jutta highlighted next dates and put a call for centres to host. They will be highlighted on BSPGHAN email.

2023 objectives

- NIFWG membership with roles and corresponding membership discussed and agreed.
- Intestinal Failure Network Day will be held on Thursday 21st September 2023. Planned for F2F meeting at Jubilee Hotel, Nottingham with aim to host 70 delegates, initially with free attendance for BSPGHAN AHPs and nominal fee for consultants.
- Sue Protheroe continues to lead on NHSE group on exploring non compounded bags for paediatric HPN.
- Further ongoing discussion with other stakeholders in FII about specific guidance in FII and PGHAN, also potential for national peer review meeting hosted by BSPGHAN will update after Council.
- GI dystonia RAND. Agreed definition to be presented at ESPGHAN, nutritional pathways being presented at BSPGHAN AGM, first draft of full paper in writing for review April 2023.
- UK JIRM meeting has already met one occasion this year with successful outcome 2 further dates planned.

Other comments

MRHA alert. Membership were aware of concern by FSN notice in relation HPN body guard pump infusions sets, NHS England met MRHA on several occasion in February. I had discussions with representations with NHSE. The statements were revised to only include children <5kg which greatly reduced impact on HPN population. BSPGHAN NIFWG held a meeting to discuss ramifications and created template document for membership. Jutta kindly chaired this in my absence. I have contacted NHSE to ask when revised data maybe out in March.

Endoscopy Working Group

Chair: Nadeem Afzal

endoscopy@bspghan.org.uk

Members: Nadeem Afzal (Chair EWG), **Krishna Soondrum** (secretary, **Lucy Howarth**, **Naomi McMahon** (SPIN), **Subari Loganathan**, **Shishu Sharma**, **Dharamveer Basude**, **Iain Chalmers**, **Vinod Kolimarala** (SPIN), **Samuel Smith**, **Tony Landers**, Allied Members – no applicant applied on advertising.



2022 has been an exciting and a very busy year for the EWG.

I am very grateful to members of EWG, for taking time out to make many of our work streams possible. We have met an extraordinary number of times on zoom to achieve our objectives. I will say at the outset that none of the EWG work would be possible without their help.

We have very positively engaged with JAG, NHS England and the BSG who have been phenomenal in helping us to develop paediatric training modules, criteria for certification of paediatric colonoscopy, and paediatric GRS v2.0.

Outside the EWG I owe thanks to many colleagues. I will like to start by saying thank you to Keith Lindley (President) and particularly for his support during many a difficult times when the chips were down, Lucy Howarth (Convenor), Professor Mike Thomson, Professor Mark Beattie, Keith Siau, Geoff Smith, the JAG team, Naila Arebi, John Leeds, Mary Montgomery, Iain Wilson and many clever wonderful colleagues who have tirelessly worked behind the scenes, given advice and guidance to take the EWG BSPGHAN work forward.

Nadeem Afzal

2022 Key objectives

Our key objectives are to modernise paediatric endoscopy training by adopting use of Key Performance Indicators, enhance support for paediatric endoscopists by developing the first paediatric national online endoscopy resource and work on assessment of standards of paediatric GI practice in our units including developing guidance for management of upper GI Bleeding in children.

- Development of Paediatric colonoscopy (diagnostic) certification criteria –in line with the new adult certification guidance.
- Negotiation with eLFH (NHS England) to develop a paediatric online training course and seek funding.
- Development of pGRS (version 2) in line with adult GRS development.
- Development of guidance for management of upper GI bleeding in children.

2022 Key outputs

Several meetings (zoom meetings to meet our objectives)

- 3/4th s of pGRS document has been reviewed and each question ratified by the EWG. This is work in progress.
- eLFH (NHS England) has approved development of the online paediatric endoscopy course. We have been given an IT designer and a grammar correction person too. NHS England has also approved funding for development of this course. For content the Sheffield team has developed MP4 videos to be used for the course.
- Successful steering group meeting to develop guidance re management of paediatric upper GI bleed – I have now advertised for members to make 5 groups – this step is near completion now and we are getting closer to launch the project. This is a joint collaborative work between paediatric gastroenterologists, adult gastroenterologists, paediatric SI special interest, intervention radiology, paediatric surgeons, intensive care and child protection.
- The paediatric colonoscopy certification criteria has been developed in line with available evidence basis and has been presented to JAG. This will soon be published for consultation.
- Contribution to the BSPGHAN trainee education programme. I am very grateful to Shishu Sharma, & Dharamveer Basude for their excellent talks.

2023 objectives

- Completion of development of pGRS v 2.0.
- Finalisation of certification of paediatric colonoscopy criteria (diagnostic).
- Completion of online training course for eLFH (NHS England).
- Develop project on Green Endoscopy. Keith Lindley (president) has asked us to look into Green Endoscopy and ways to reduce carbon footprint. This is based on the original work done at GOSH and RFH. We will be developing methodology in coming months to take this forward.

Other comments

- have been asked by JAG to develop certification criteria for paediatric gastroscopies (in line with colonoscopy certification criteria).
- We have been asked to develop a paediatric online resource for Endoscopy Training Academies - paediatric module is being planned for 2023-2024.
- Once we have developed the upper GI bleeding guidance, perhaps future EWG leads may consider looking into development of guidance for management of lower GI bleeding.

Quality Standards Working Group

Chair: Dr Edward Gaynor

Qualitystandardschair@bspghan.org.uk

Members: Dr Edward Gaynor (Chair), Dr John Fell, Dr Mike Cosgrove, Dr Sue Protheroe, Kay Crook, Dr Indra van Mourik, Professor Nick Croft, Dr Mark Furman, Dr Jutta Koeglmeier, Dr Chris Spray, Dr Fevronia Kiparissi



2022 Key objectives

Embedding the findings of the paediatric gastroenterology, hepatology and nutrition UK national census 2021 (Published January 2022), into the national dialogue about future PGHAN services.

2022 Key outputs

The Quality Standards Working Group have been advocating for the adoption of recommendations within the national census, within local service development. Notable areas of development have been in North & Central London, where an operational delivery network is being developed.

There is recognition that across the UK with increasing demand, without substantial additional resource, existing network's particularly in Scotland under strain.

The working group has been working with the RCPCH for a benchmarking tool to assist local services to use the data from the census, to develop services based on this data set.

Additional areas of note for members:

- NICE: Neonatal parenteral nutrition quality standard (QS205)
- PGHAN 2021 Census document:

<https://www.rcpch.ac.uk/sites/default/files/2021-12/PGHAN-UK-national-census-report-2021-BSPGHAN-and-RCPCH.pdf>

2023 objectives

- Appointment and renewal of Working group members
- Appointment of Trainee Representation for QS Group
- Publication of Benchmarking tool from 2021 Quality Standards National Audit
- Service 'Toolkits' to support adoption of Census recommendations
- Progress towards the "2025 Quality Standards and Key Performance indicators for UK PGHAN Care"

Other Comments

Please note that we have number of vacancies with the Quality Standards Working Group. Formal advert to be sent out following BSPGHAN Spring Meeting.

PeGHAN GROUP

Chair: Dr Shveta Chana

peghan@bspghan.org.uk

Members: Shveta Chana (Chair), Hema Kannappan (EoE) Rohith Gowda (Research), Siba Paul (Coeliac), Baneera Shreshtha (Nutrition), Dr. Mashhood (IBD), Himadri Chakraborty (CSAC), Sona Matthai (pending formal approval from motility WG)



2022 Key objectives

- To continue to build up what's app community which is a highly valuable resource for networking amongst PeGHANs.
- To deliver meaningful projects which would be useful to wider members of the BSPGHAN.
- To organise regular study days targeted for PeGHAN interest.
- To contribute to BSPGHAN Zoom Education series.

2022 Key outputs

- Study day planned for 19th September was delivered on 17th October. The topics covered Obesity, Eating disorders, Non-IgE mediated allergy and case based discussions.
- Participation in Liver Study Day on 22.9.22 in Birmingham as PeGHAN representative. This was a real networking opportunity for PeGHANs highlighting the importance of local shared care protocols and use of resources to achieve better patient care in collaboration with specialised services.
- Next Study day 17th April – The theme is Liver related disorders including NAFLD, Surgical aspects, Pancreatitis, Liver Failure and case based discussions.
- Zoom sessions delivered by Dr. Hema Kannappan, Dr. Baneera Shreshtha & Dr. Himadri Chakraborty.
- BSPGHAN 2023 Annual meeting programme – A dedicated session delivered by PeGHANs. These talks are based on common perplexing GI presentations and another multi-unit audit presentation on management of prolonged jaundice.
- Surveys –
 - Survey of Scope of Services provided by PeGHANs across England in support of published UK National Census report of BSPGHAN & RCPCH Quality Standards. Poster presentation at RCPCH'22. The survey highlighted the wide range of services that PeGHANs provide and the challenges they face.
 - Survey on challenges to SPIN training in Paediatric Gastroenterology. The trainees highlighted that more exposure to specialty specific placements, taster days and clinics will help them feel more inclined to choose the specialty. Accepted for BSPGHAN meeting'23.

2023 objectives

- Continue virtual study days for PeGHANs biannually.
- QI project – to be planned. Open to suggestions.
- Continue close collaboration and networking with other BSPGHAN Council members.

Other comments

- Special acknowledgement – Dr Hina Rizvi who has been a huge support in organising the virtual study days.
- I am also indebted to all the PeGHAN members who contribute to several ad-hoc clinical discussions.
- I am very grateful to Dr Himadri Chakarborty and Dr Nagendra Rao for their immense contribution to BSPGHAN Annual meeting programme.
- Special thanks to Jennie & Sian (Sovereign) for all their admin help.

RCPCH College Speciality Advisory Committee (CSAC)

(Paediatric Gastroenterology, Hepatology and Nutrition)

Chair: Prof Mark Beattie

csac@bspghan.org.uk

Members: Prof R Mark Beattie (Chair), Dr Lucy Howarth (Gastroenterology/Endoscopy), Dr Nkem Onyeador (Assessment advisor), Dr Vandana Jain (Hepatology), Dr Himadri Chakrobaty (SPIN advisor), Dr David Devadason (Quality Standards), Dr Anthony Wiskin (Nutrition), Dr Kushila Rupasinghe (Trainee representative).



2022 Key objectives

- Improve recruitment to Speciality.
- Trainees meeting – face to face.
- Interim and Annual progression meetings for all trainees.
- Recruitment of new Quality Advisor.
- Recruitment of new CSAC Chair.
- Ongoing issues – *see below*.

2022 Key outputs

- Trainee Survey presented at annual meeting 2022.
- Multiple initiatives to promote recruitment.
- Significantly improved recruitment to specialty – for the September 2023 start - we advertised 13 potential rotations (up from 6 for September 2022) and recruited to all 13 (up from 3 appointments to start in September 2022) – all excellent candidates and great for the speciality with a good spread across the UK – improved recruitment partly reflects implementation of shape of training – see below – many have requested LTFT training.
- Trainees meeting – face to face (Liverpool September 2022) – thanks to the organisers, speakers and delegates for a very successful meeting – BSPGHAN organisation and funding much appreciated.
- Taster day held as part of the trainees meeting (September 2022).
- Interim and annual progression meetings for all trainees - thanks to Dr Nkem Onyeador for pulling this together and to all CSAC members and trainees for their enthusiasm and engagement.
- Recruitment of new Quality Advisor – Dr David Devadason.
- Recruitment of new CSAC Chair – I step down as chair after the annual meeting and I am delighted to say Dr Lucy Howarth and Dr Nkem Onyeador have been recruited as co-chairs – both are well known to you and will be excellent for the committee, trainees and speciality.

2023 objectives

- Implementation of Shape of Training.
- Trainees meeting face to face.
- National Grid recruitment to start September 2024.
- Recruitment of new members to CSAC.
- Interim and Annual CSAC progression meetings for all trainees to continue.
- Other ongoing issues – *see below*.

Ongoing Issues

- Implementation of Shape of Training
- Ensure trainees have adequate access to Clinics
- Ensure trainees have adequate access to Endoscopy Lists
- Recruitment and retention
- Recognition that many of the trainees work LTFT with implications for recruitment, training and manpower planning
- Manpower planning to inform future GRID recruitment

Notes;

Implementation of Shape of Training from 2022

In summary this reduces the specialist training period to 7 years. However, this does maintain the full 3 years for higher specialist training (level 3) and does enable out of programme time between level 2 and level 3 (OOPE/R). The positive for us is that speciality training isn't shortened although the challenge is that training will be overall shorter and potential recruits to the grid will be less experienced.

There is still much discussion of competency-based training rather than length of training.

This has impacted on recruitment for September 2023 with ST4 and ST5 (plus ST6 with pre approved experience) being eligible to apply.

Endoscopy, clinics and the Curriculum

There are no plans to change the PGHAN Curriculum – please note, like for an adult gastroenterology CCT – JAG certification for Gastroscopy is a key competency but not Colonoscopy with the presumption that to be awarded the CCT reasonable progress to competency in Colonoscopy is being achieved (for Paediatric Gastroenterology trainees) but ongoing experience/training will occur post CCT. We are not able to mandate the ongoing experience/training although agree that is entirely appropriate and in keeping with good medical practice.

We continue to recommend that GRID trainees have access to at least 25 lists per year and do a reasonable number of procedures on the lists. This is essential to give trainees the enough exposure.

We continue to recommend that GRID trainees have access to at least 25 clinic per year with the opportunity to see a wide case mix of cases (including new patients) and discuss the cases with the wider team. This is essential to give trainees the enough exposure.

Pre-approval of Training Prior to Application to the GRID.

There continues to be much discussion about eligibility for the grid and recognition of previous training. It seems nothing is set in stone however to get a CCT in PGHAN you need to have been appointed to the GRID and in principle you should have at least 2 years of training left although this assumes some of the competencies have been/can be achieved prior to taking up the GRID post – remember this is a 3 year programme – and potential applicants should talk the RCPCH/CSAC early and remember that any change in CCT date is a matter for their deanery and the CCT date isn't easily changed.

Manpower planning to inform future GRID recruitment.

This is complex as there are so many factors to consider including staff retention, full versus less than full time working, service development/unit expansion, pending retirementsall in a very uncertain NHS. Based on our best information we will likely need 8-10 new CCT holders per year although this number is an estimate and needs to be regularly reviewed.

Recruitment of New Members to CSAC.

Training Advisor (Gastroenterology)

<https://www.rcpch.ac.uk/sites/default/files/2023-02/202302 - csac pghan - training advisor gastroenterology.pdf>

Assessment Advisor

<https://www.rcpch.ac.uk/sites/default/files/2023-02/202302 - csac pghan - assessment advisor.pdf>

Trainee Representative

<https://www.rcpch.ac.uk/sites/default/files/2023-02/202302 - csac pghan - trainee rep grid.pdf>

ALLIED HEALTH PROFESSIONALS

Co-Chairs: Lindsay Hogg & Jo Brind
associates@bspghan.org.uk



Members: Lindsay Hogg & Jo Brind (nurses), **Rachel Wood** (dietitian) - Education Rep, **Amy Phipps** (pharmacist), **Sophie Velleman** (psychologist)

2022 Key objectives

- To deliver and build on the success of our first AHP focused study day in 2021.
- Plan made to deliver a study day specifically for AHPs prior to the 2022 annual meeting.

2022 Key outputs

Unfortunately, unable to deliver the planned AHP day/session, speakers absorbed into the main meeting.

2023 objectives

- Our objective as a committee for 2023 will be to engage with the AHP members of the society and then deliver educational and networking opportunities.
- We have begun to plan our AHP involvement for the 2024 meeting.
- We are working in partnership with the BSPGHAN Nutritional and Intestinal Failure Working Group to provide additional educational opportunities for the AHP members at their study day in September 2023.
- Try to increase the AHP membership by advertising the benefits of being a member of the Society.
- To increase the AHP committee, plan to talk to the AHPs at the AGM and during the annual meeting.

PATIENT AND PROFESSIONAL PARTNERSHIP

PPP Representative: Sarah Sleet, Crohn's & Colitis UK
ppp@bspghan.org.uk

2022 saw patient charities returning to normal to some extent although across the board face to face patient events have not returned to pre COVID levels and are unlikely to do so with some patients more willing/comfortable with engaging purely online.

The impact of COVID is also still affecting the operations of some charities but they continue to provide vital support to patients.

There is an increasing level of working together as charities on areas of mutual interest such as the new programme on developing a national diagnostic pathway for lower GI symptoms involving, Coeliac UK, Crohn's & Colitis UK, Cicra, Guts UK and The IBS Network. We are delighted that BSPGHAN will be joining us in that work.

Finally, this is my last year as the patient rep on Council and I am delighted to say that Julie Harrington, CEO of Guts UK, will be taking on the role going forward.



Coeliac UK

Heidi Urwin

In 2022, Coeliac UK launched its campaign 'no more lost childhoods' to raise awareness of symptoms of undiagnosed coeliac disease that may be seen in children, focusing on five: slow growth, sickness, stomach pain, extreme tiredness, and bloating. The campaign provided parents and carers with the information to find out if their child should be tested for coeliac disease. During the one month campaign we had over 5k people complete our 'Is it coeliac disease' assessments, over 65k page views for the campaign landing page and over 100k social media engagements: <https://www.coeliac.org.uk/is-it-coeliac-disease/>

Two of our sponsored dissertation awards have focused on:

An evaluation of the lived experiences, quality of life and support for adolescents with coeliac disease in schools.

Understanding the effects of living with coeliac disease on the psychological well-being and quality of life of adolescents and their parents.

The findings will be available on the Coeliac UK website in the coming weeks

<https://www.coeliac.org.uk/research/our-research-projects/past-research-projects/>

Plans for 2023

- Following a research call in the summer 2022 we have recently awarded a £29,116 grant for a project exploring the 'Psychological resources to meet the needs of children and young people with coeliac disease'. The project will start in September and complete

within 12 months. Please check the Coeliac UK website for any further research calls this summer.

- No one will have failed to notice that we are amidst a cost of living crisis and with inflation at a 40 year high, spiralling energy costs and increasing uncertainty about the economy; many people are struggling. This is particularly true for individuals with coeliac disease, requiring a medically prescribed gluten free diet for their treatment. Coeliac UK's latest report highlights the cost of a weekly gluten free shop can be up to 20% more than a standard gluten containing shop. Full details of the report, the actions that can be taken and the resources available to support those who need a gluten free diet can be found on the Coeliac UK website: <https://www.coeliac.org.uk/get-involved/campaign-with-us/cost-access-and-availability-of-gluten-free-food/>
- Achieving an earlier diagnosis remains a focus and in 2023 we are to have an APPG inquiry, drawing on evidence from experts and patients. The sessions will focus on education, misdiagnosis, diagnosis pathway and public awareness and will result in a report and call to action for policy makers. This area of work includes a focus on a collaborative lower GI diagnosis pathway.
- Coeliac UK is celebrating 10 years since the launch of its Gluten Free Accreditation scheme, with the mission to guarantee that gluten free food is served safe and free from contamination in venues, including schools and hospitals.
- Later in the year the Membership team is to produce a new set of resources for teenagers.

Crohn's & Colitis UK

Sarah Sleet

We have run a number of virtual social events for parents and carers in the year which have proved very popular and supported the Patients event at the Paediatric IBD conference in Edinburgh in the year.

We have been preparing the latest benchmarking survey against the IBD Standards which will feature a paediatric specific version for services and patients. We are grateful to BSPGHAN members for their support and contributions in that work. Currently services can expect their service report in the autumn and a national report will be available Q1 2024.

TOFS

John Pearce

Our principal activities - ongoing support to those affected by Oesophageal Atresia – very much continue. In 2022 we were able to hold a proper face to face get-together, but attendance was underwhelming, so we are now continuing to focus on a series of online events with experts, and indeed online chat sessions.

In parallel with this, our Facebook group remains very active as a mutual assistance resource. Demand for our books and other literature remains high. A new leaflet (backed up by a considerable online resource) about the healthcare of adults born with OA was launched during 2022.

We upgraded our website substantially during 2022, intended to make it easier to find one's way around the huge volume of information that is on it. User visits have increased materially. Moreover we have uprated our presence and responsiveness on social media. TOFS relies almost entirely on community fundraising of one type or another, and we must now expect our donor community to be less able to give, whilst our costs inflate. Counter-intuitively, however, it appears that 2022 saw a near-record income for TOFS!

We continue to attend conferences of relevant healthcare professionals. In 2022 in the UK we exhibited at the meeting of the Association of Upper GI Surgeons', raising the profile of Oesophageal Atresia as a disease which impacts adults as well as children. We also had a small stand at the East of England Neonatal and Paediatric Surgical Skills day. We attended the Summer meeting of the British Thoracic Society and we were also at BAPS and BSPGHAN's annual meetings.

Our major effort was at the triennial world conference on Oesophageal Atresia (run by INoEA) in the USA. We supported a total of 6 people to attend, two of whom made presentations to the conference. TOFS Trustee Graham Slater was moderator of two of the patient-focused sessions.

TOFS has recently become a member of the National Council for Child Health and Wellbeing, and has recently been invited to join the NICE Voluntary and Community Sector Forum. Our Trustee, Graham Slater, remains a PPV member of the NHS's Clinical Reference Group for Specialised Surgery in Children. Graham was honoured to win the Eurordis Black Pearl award in 2022 for volunteer of the year.

We continue to ask for UK clinicians to adopt (or adapt) international recommendations for the ongoing care of those born with OA. We draw attention to:

- The NASPGHAN / ESPGHAN 2016 publication and a 2020 paper from ERNICA;
- The TOFS 2021 position paper: "[Towards a holistic model for the treatment of those born with Oesophageal Atresia \(OA\) from diagnosis to transition and adult care](#)".

Through our international federation EAT we are making active input to a number of activities of the ERNICA programme. Lastly we remain highly involved as PPI partners on two substantial UK programmes: TOAST and OCELOT. We are increasingly being asked to consider involvement in other research activities.

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